

I. What's the big deal about not being thankful? [14]

II. What happens when I am thankful? [15]

A. We see God [15]

Matthew 10:29-31

B. We see situations with God's eyes

Philippians 2:14

Exodus 16:8

C. We see the appropriate things to value [15]

D. We see people with God's eyes [15]

E. We can help others to see God [15]

III. How can I grow to be thankful? [16]

A. Heart- Our joy must be in Jesus [16]

B. Mind- Every moment is an opportunity to give thanks

Philippians 2:14

Philippians 4:8

C. Lips- "mutter" thank you to the LORD

Philippians 2:14

D. Hands- Receive from the LORD [16]

E. Commit- Give thanks

Philippians 2:14

Romans 8:28-29