

I. What is the anatomy of doubt?

A. A definition of doubt

Doubt is indecision between unbelief and faith

B. The continuum of unbelief to doubt to faith

1. Knowledge [24-25, 29]

2. Agreement [26-28]

3. Trust [28]

-Matthew 28:11-13

4. Love [28]

-Matthew 7:22-23

C. Insights about doubt

1. Doubt is a mind and heart issue

-Romans 1:18

2. Unbelief and doubt turning into faith is not always progressive or linear

-2 Corinthians 4:6

3. Always evaluate in your doubts and see if you are fighting in the direction towards faith

-Romans 10:17

II. How can I grow through these common doubts?

A. Unbelievers / Struggling believers – “Is Christianity true?”

Application: Study apologetics for the sake of your mind and consider what the Gospel has to say about your heart

B. New / Struggling believers – “Am I a Christian?”

Application: Afflict the comfortable, but comfort the afflicted (Focus on the promises of God in salvation)

C. Growing believers – “What should I believe about...?”

-2 Peter 3:15-16

Application: Stay anchored in what you know is true while slowly studying under the care of trusted spiritual leaders

D. Deciding believers – “What should I decide about...?”

-Deuteronomy 29:29

Application: Make prayerful decisions with wise counsel, but repent of the desire for absolute certainty regarding your future

E. Tested believers – “Where is God when...?”

-Job 42:5

Application: Learn the lessons of your test and always trust that God is taking you deeper