

Rev. Min Chung

Introduction

1. Redeeming – Ephesians 4:24
2. Relational
3. Theological

I. Mature mind – Fill your mind with the truth [25]

A. Put off the habit of lying and being deceitful

1. Honesty in wisdom
2. Honesty in edification
3. Honesty in love

B. Put on the habit of speaking truthfully

-Ephesians 4:20-23

II. Mature emotions – Control your temper [26-27]

A. Discern the motive of your anger

-Mark 3:5

B. Even with righteous anger, be careful of how you react

C. Deal with your anger quickly if possible

D. Do not harbor anger to avoid temptation

E. Redeem your anger for repentance and love

III. Mature hands – Learn to share [28]

A. Do not steal

B. Work

C. Share

1. Work hard and earn all that you can
2. Live with necessities
3. Share or be ready to share

IV. Mature mouth – Talk to edify [29-30]

A. Don't let corrupting talk come out

B. Talk to build up to deliver grace

C. Talk with the power available

-Matthew 12:36

V. Mature heart – Be kind with a tender heart [31-32]

A. Learn to deal with your sinful unforgiving heart [31]

B. Learn to treat others with tenderhearted kindness [32]

C. Learn to grow from forgiveness to kindness

1. Identify with the wrongdoer – Jesus became a “sinner”
2. You need to inwardly pay the debt of the wrongdoer – Jesus paid for our debt
3. Do what is good for them – Jesus continues to bless and discipline us