

Hebrews 12:1

I. Trained in love [5-8]

Hebrews 12:5, 6, 7, 8, 9, 10, 11

A. The necessity to be trained through discipline [5]

B. The pain of being trained through discipline [6]

Hebrews 12:11

C. The love behind our training through discipline [7-8]

II. Trained to grow [9-11]

A. What is God trying to grow? [9-10]

Romans 8:28-29

Genesis 50:20

B. How will this be developed in us? [11]

C. How long will it take to grow? [10]

III. Trained to run [12-13]

A. Run with strength [12]

Isaiah 35:3, 8, 10

B. Run straight [13]

Hebrews 12:2